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## Telerehabilitation

We are excited to announce to you that we are able to stay connected with you during the COVID-19 crisis through telerehabilitation. This is a virtual session to assist you with your rehabilitation needs in the comfort of your own home. You will require an email address, and a computer/device that has both visual and audio capabilities. This is a secure platform that is both HIPAA and PIPEDA compliant, which means that our video chats will be confidential and protected and will NOT be recorded and will NOT be kept in the cloud. It would be helpful if the space you have available during the session allows for you to complete your home exercises (floor, bed, mat), should you wish us to review them and to allow us to add onto your existing program. If you are new to us and this is your first assessment, ample space will allow us to watch you move to assess your function.

Our sessions to date have been progressing very well, with everyone involved happy with the outcome. The rates for a Telerehabilitation sessions are as follows: Assessment 40 minutes: for \$90 and treatment for 20 minutes: \$60. There is a consent for you to sign and either scan or fax back to us prior to your session. Use this link:

[file:///C:/Users/kelly/Downloads/Consent%20form%20telehealth%20\(1\).pdf](file:///C:/Users/kelly/Downloads/Consent%20form%20telehealth%20(1).pdf)

If you have any questions regarding how this service works or should you wish to schedule a session please reach out to us by email: [info@mariposaphysio.ca](mailto:info@mariposaphysio.ca) or call us (705-327-0008). You can also schedule a phone consult if you do not have the device capabilities to schedule an online session.

Continue to physically distance yourself from others for your own protection and to help flatten the curve against COVID-19.

We look forward to visiting with you virtually soon.

Sincerely,

A handwritten signature in black ink, appearing to read "Kelly Spears", followed by the letters "PT" in a larger, bold font.

Kelly Spears PT  
Clinic Director